

Transportation Information For Alta WOR DO NOT BOOK UNTIL AFTER INTERVIEW

Alta Lodge is located at 10230 E. Hwy 210, Alta, UT. 84092. about 35 minutes from the Salt Lake City International Airport and 40 minutes from downtown Salt Lake City.

All participants are expected to carefully plan travel to arrive at Alta Lodge no later than late morning (10 a.m.) on Sunday and plan to leave Alta Lodge on Tuesday no earlier than 3 p.m.

If you cannot accommodate your schedule to arrive and depart at these times, you are advised not to register. Late arrivals miss important orientation information, and we ask that all participants plan to stay until the end of the weekend on Sunday to allow you sufficient time for closure

Air Travel

The closest major airport is **Salt Lake City International Airport**. Nine airlines offer service to Salt Lake City International Airport: AirTran, Alaska Air, American, Delta, Frontier, JetBlue, Sky West, Southwest, and United.

Ground Transportation Coordination

After you have registered and been accepted for the weekend, your name and email address will be provided confidentially to our webmaster, who will provide you access to the MenHealing Transportation Board.

On the board, you will then have access once you sign in to talk with others who are planning on attending this Weekend so you can offer to share or give rides to those needing help in getting from the airport or local lodging to Alta Lodge. To protect your confidentiality, this part of the bulletin board will only be able to be accessed by those registered for this specific Alta WOR, and by the WOR Manager. If you share a ride, please be respectful and offer assistance with paying for gas.

It is important that if you would like to participate in the transportation bulletin board, the email address you provide must be the same as the email address you indicate on your registration.

ANY QUESTIONS:

Questions can be directed to events@menhealing.org

Ground Travel Logistics

Travel to Alta Lodge:

Alta Lodge is only 32 miles from the Salt Lake City International Airport, generally a 45 to 60 minute shuttle or cab ride, and 40 minutes from downtown Salt Lake City.

You can arrange your transportation from Salt Lake International City Airport to the Alta Lodge through the Alta Shuttle at 800-255-1841 or at <http://www.altashuttle.com>. Shuttle reservations must be made at least 24 hours in advance. Prices vary by season, so please check for current fee (not including gratuity).

Rental car information is available at www.slairport.com/transport/rentalcars.

General Driving Directions

FROM SALT LAKE INTERNATIONAL AIRPORT travel eastbound on I-80

Exit onto I-215 southbound

Exit onto 6200 South/UT-210, which eventually becomes Little Cottonwood Rd.

The final 8 miles of the drive is up a winding and scenic canyon road.

Alta Lodge will be on right side of the road

FROM DOWNTOWN SALT LAKE CITY travel westbound on 500 South to I-15 and travel southbound

Exit onto I-215 eastbound

Exit onto 6200 South/UT-210, which eventually becomes Little Cottonwood Rd.

The final 8 miles of the drive is up a winding and scenic canyon road.

Alta Lodge will be on right side of the road

FROM SOUTH OF SALT LAKE CITY travel north on I-15

Exit onto I-215 eastbound

Exit onto 6200 South/UT-210, which eventually becomes Little Cottonwood Rd.

The final 8 miles of the drive is up a winding and scenic canyon road.

Alta Lodge will be on right side of the road

FROM PARK CITY AND EAST OF SALT LAKE CITY travel westbound on I-80

Exit onto I-215 southbound

Exit onto 6200 South/UT-210, which eventually becomes Little Cottonwood Rd.

The final 8 miles of the drive is up a winding and scenic canyon road.

Alta Lodge will be on right side of the road